

## 7 A Attitude - Positive Outlook

Born without arms or legs, Nick Vujicic is a solid example of someone who maintains a positive outlook no matter what obstacles and adversity might confront him.

What do you think it means to have a positive outlook? In the space below write down what having a good attitude and a positive outlook means to you.

Three horizontal lines for writing inside a rounded rectangular box.



## Attitude - Your Legacy is Your Choice

### 7 B

**Whatever**  
we vividly imagine,  
ardently desire,  
sincerely believe  
and enthusiastically  
act upon,  
must inevitably  
come to pass.  
~ Paul J Meyer

Have you thought about what you want your legacy to be? Take a few minutes and ponder your values and the things that are important to you then use the space below to answer the question.

“If you were to die tomorrow, what would you want people to remember about you?”

Take it seriously and then share what you’ve written with a friend. As you focus on how you want to be remembered, let it help you better choose your attitude today.

A large, empty rounded rectangular box for writing.